

Sample Reading
The Diamond...clarity on a specific issue

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Tarot has been in existence for thousands of years; since Ancient Egypt or perhaps even before. The first known use of Tarot in the West was in the Middle Ages. During those turbulent times, the imagery of the tarot was used as a code in transmitting the teachings of the ancient mystery schools. Over time, tarot has been used in many ways - as a tool for predicting the future, as a lighthearted parlour game, and as a way to gather unseen information about various situations, etc.

This Zen Tarot reading is different than most. It does not play with prediction. Rather it is a transcendental 'game' of Zen which mirrors the time in which this reading is done for you. It presents what is here, now...without judgement or comparison. This reading is a wake-up call to tune in to sensitivity, intuition, compassion, receptivity, courage and individuality.

Unlike many other religions, which have fallen prey to hero worship and dogmatism, Zen insists on the unique capacity of every human being to reach enlightenment - or freedom from the illusions of ego created by the mind. And it insists that this capacity can be realized only through meditation. Not by following certain rituals, adhering to a set of rules, or imitating the example of others, however worthy...but only by an alert and non-judgemental attentiveness to one's own thoughts, actions and feelings. When we practice this alertness, this meditative approach to life, it soon brings the awareness that we each contain an unchanging, undisturbed, and eternal centre of watchfulness. To live from this centre gives us the capacity to see life as a great adventure, a play, a mystery school. Accessing this watchfulness leads to a happy, loving and fulfilling life.

In Osho's words; "It is the capacity not to worship buddhas but to become a buddha; not to follow others but to develop the awareness within that brings a quality of light and love to all that we do".

The cards drawn in this reading are a direct reflection of what you already know but are unable or unwilling to recognize at this time. And yet it is only through recognition (without judging as right or wrong) from a detached perspective that you can awaken understanding and provoke the clarity you seek at present.

This reading uses the "Osho Zen Tarot" deck published by St. Martin's Press. The beautifully illustrated cards are also from this deck. For more information, please visit www.osho.com

Welcome to your personalized Osho Zen Tarot reading. Here are some tips to help you get the most clarity and direction from your reading.

- 1. Take time to digest the information. There's a lot in here!**
- 2. Meditate or sit quietly and see what each card wants to awaken in you.**
- 3. The questions I have included on each page are only suggestions. Try to formulate your own questions and stay open to shifting the way you are looking at your life and at the information in the cards and in the writings.**

Here is an example of staying open to more than one interpretation... You may be seeking clarity regarding a difficult relationship in your life. The cards can be taken from more than 1 perspective:

- a sign to leave the relationship **or**
- a sign to stay and work on your buddha nature from within the difficult relationship

The answers you seek are within your wise being... and clarity dawns as the result of delving deep.

- 4. Be open to the treasures this information brings to you. It is likely to precipitate some ah-ha's and perhaps some degree of change for you. Stay strong! :)**

Much Love and Light,

Paula

The Diamond ~ Sample

Placement and meaning of each card.

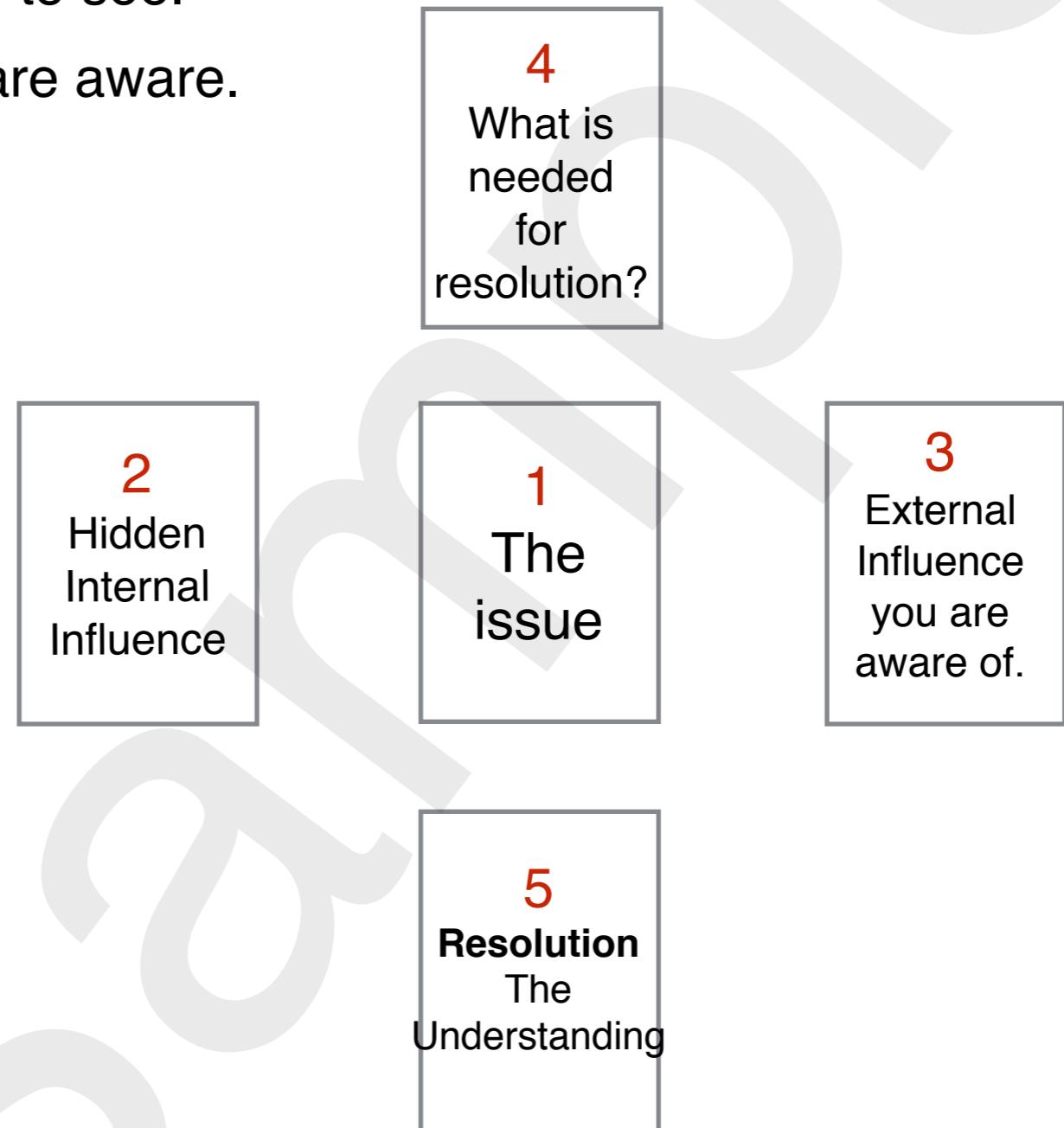
- 1 The Issue
- 2 Internal influence you are unable to see.
- 3 External influence of which you are aware.
- 4 What is needed for resolution?
- 5 Resolution: the understanding

Major Arcana

Central theme in your current journey

Minor Arcana

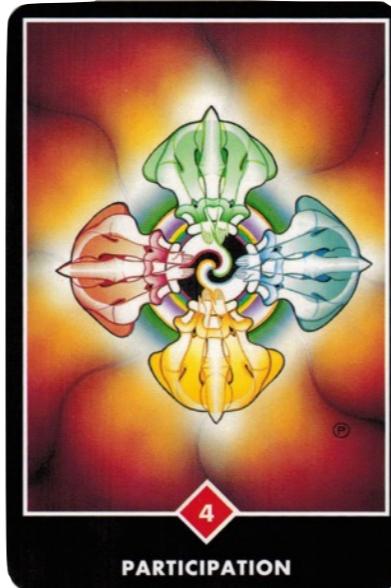
- *Action*
- *Emotion*
- *Mind*
- *Physical*



The Diamond Reading

~Sample~

For clarity on a specific issue.
We will use “**relationships**” for
this particular example.



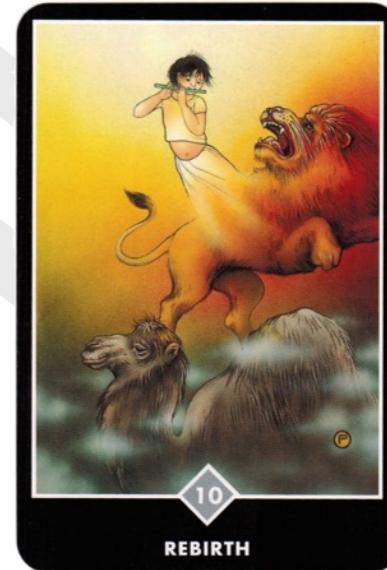
Minor Arcana
Action



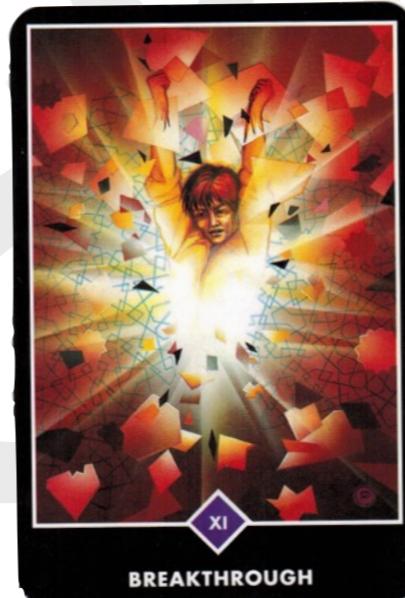
Minor Arcana
Emotion



Minor Arcana
Mastery of Mind



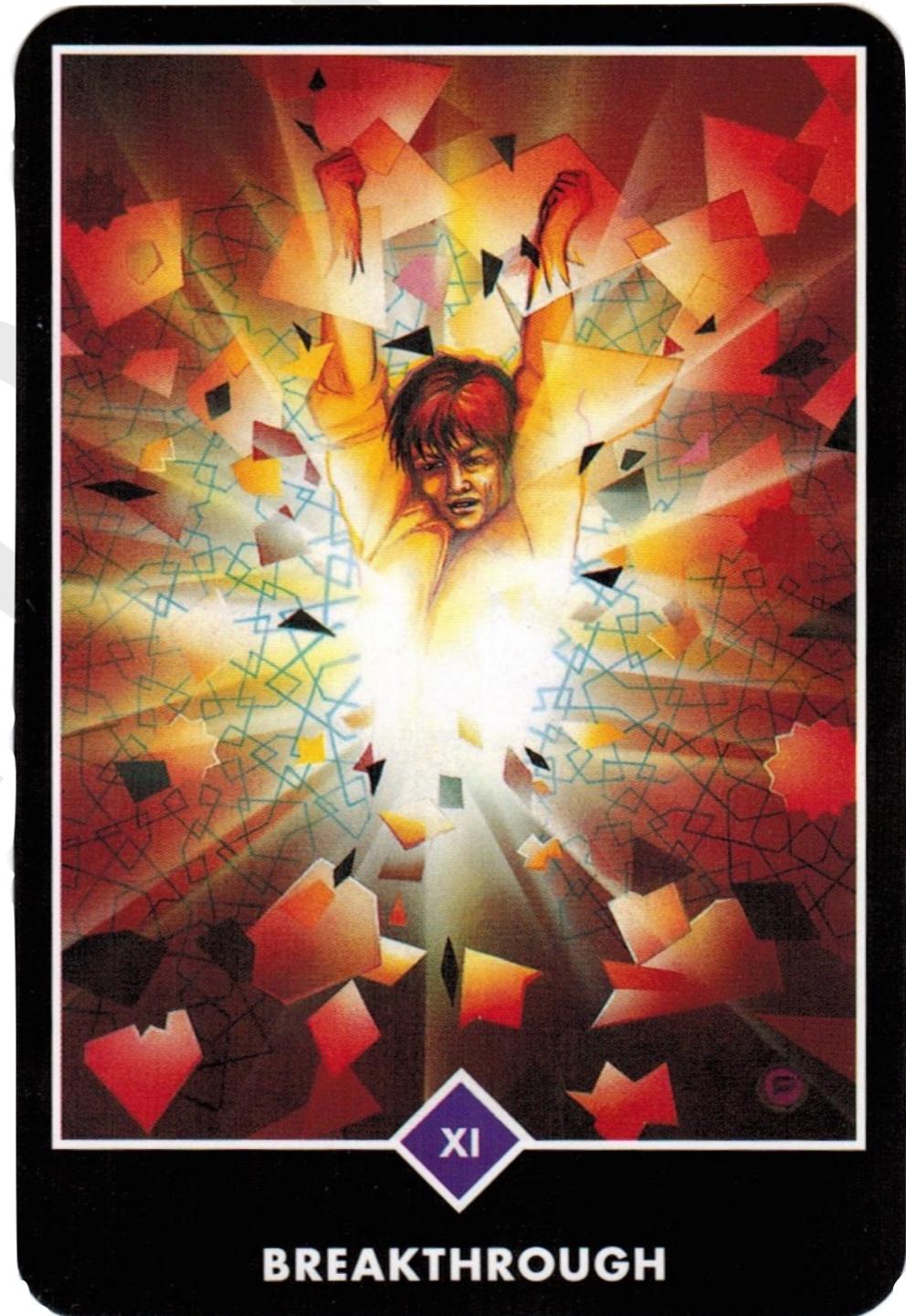
Minor Arcana
Mind



Major Arcana

The 1 Central Theme in this Reading

There is 1 Major Arcana in this reading. (**Breakthrough**) This card has more relevance than the other cards. Examine the other cards in this reading in reference to the spiritual theme of “breakthrough” in your relationships and your life.



#1 The Issue



1. What wounds from my past cause me to lash out at my significant other?
2. Can I open to the prospect I may get hurt? (Remember this whenever hurt does surface... **'this too shall pass'**.)
3. How are my actions impacting the full joyous participation in this relationship?

The figure in this card is completely covered in armour. Only his glare of rage is visible, and the whites of the knuckles on his clenched fists. If you look closely at the armour, you can see it's covered with buttons, ready to detonate if anybody so much as brushes up against them. In the background we see the shadowy movie that plays in this man's mind - two figures fighting for a castle.

An explosive temper or a smouldering rage often masks a deep feeling of pain. We think that if we frighten people away, we can avoid being hurt even more. In fact, just the opposite is the case. By covering our wounds with armour we are preventing them from being healed. By lashing out at others we keep ourselves from getting the love and nourishment we need. If this description seems to fit you, it's time to stop fighting. There is so much love available to you if you just let it in. Start by forgiving yourself: you're worth it.

Fighting

One moment it was there, another moment it is gone. One moment we are here, and another moment we have gone. And for this simple moment, how much fuss we make - how much violence, ambition, struggle, conflict, anger, hatred.

Just for this small moment! Just waiting for the train in a waiting room on a station, and creating so much fuss: fighting, hurting each other, trying to process, trying to boss, trying to dominate - all the politics. And then the train comes and you are gone forever.

1. Am I living my old relationship through this one?
2. Am I guilty of not meeting my other “in the present”?

The figure pictured in the card is so preoccupied with clutching her box of memories that she has turned her back on the sparkling champagne glass of blessings available here and now. Her nostalgia for the past really makes her a ‘blockhead’, and a beggar besides, as we can see from her patched and ragged clothes. She needn’t be a beggar, of course - but she is not available to taste the pleasures that offer themselves in the present.

It’s time to face up to the fact that the past is gone and any effort to repeat it is a sure way to stay stuck in old blueprints that you would have outgrown if you hadn’t been so busy clinging to what you have already been through. Take a deep breath, put the box down, tie it up in a pretty ribbon if you must, and bid it a fond and reverent farewell. Life is passing you by, and you’re in danger of becoming an old fossil before your time.

Clinging to the Past

These tenses - past, present and future - are not the tenses of the time; they are tenses of the mind. That which is no longer before the mind becomes the past. That which is before the mind is the present. And that which is going to be before the mind is the future.

Past is that which is no longer before you.

Future is that which is not yet before you.

And present is that which is before you and is slipping out of your sight. Soon it will be past...

Clinging to the past is absolute stupidity. It is no longer there, so you are crying for spilled milk.

What is gone is gone! And don’t cling to the present because that is also going and soon it will be past. Don’t cling to the future - hopes, imaginations, plans for tomorrow will become today, will become yesterday. Everything is going to become yesterday.

Everything is going to go out of your hands.

Clinging will simply create misery.

You will have to let it go.

#2 Internal influence you are unable to see.



CLINGING TO THE PAST

This card depicts the evolution of consciousness as it is described by Friedrich Nietzsche in his book, ***Thus Spake Zarathustra***. He speaks of the 3 levels of Camel, Lion and Child. The camel is sleepy, dull, self-satisfied. He lives in delusion, thinking he's a mountain peak, but really he is so concerned with others' opinions that he hardly has any energy of his own. Emerging from the camel is the lion. When we realize we've been missing life, we start saying no to the demands of others. We move out of the crowd, alone and proud, roaring our truth. But this is not the end. Finally the child emerges, neither acquiescent nor rebellious, but innocent and spontaneous and true to his own being.

Whatever the space you're in right now - sleepy and depressed, or roaring and rebellious - be aware that it will evolve into something new if you allow it. It is a time of growth and change.

Rebirth

In Zen you are coming from nowhere and you are going to nowhere. You are just now, here, neither coming nor going. Everything passes by you; your consciousness reflects it but it does not get identified.

When a lion roars in front of a mirror, do you think the mirror roars? Or when the lion is gone and a child comes dancing, the mirror completely forgets about the lion and starts dancing with the child - do you think the mirror dances with the child? The mirror does nothing, it simply reflects. Your consciousness is only a mirror.

Neither do you come, nor do you go.

You become young, you become old; you are alive, you are dead.

All these states are simply reflections in an eternal pool of consciousness.

#3

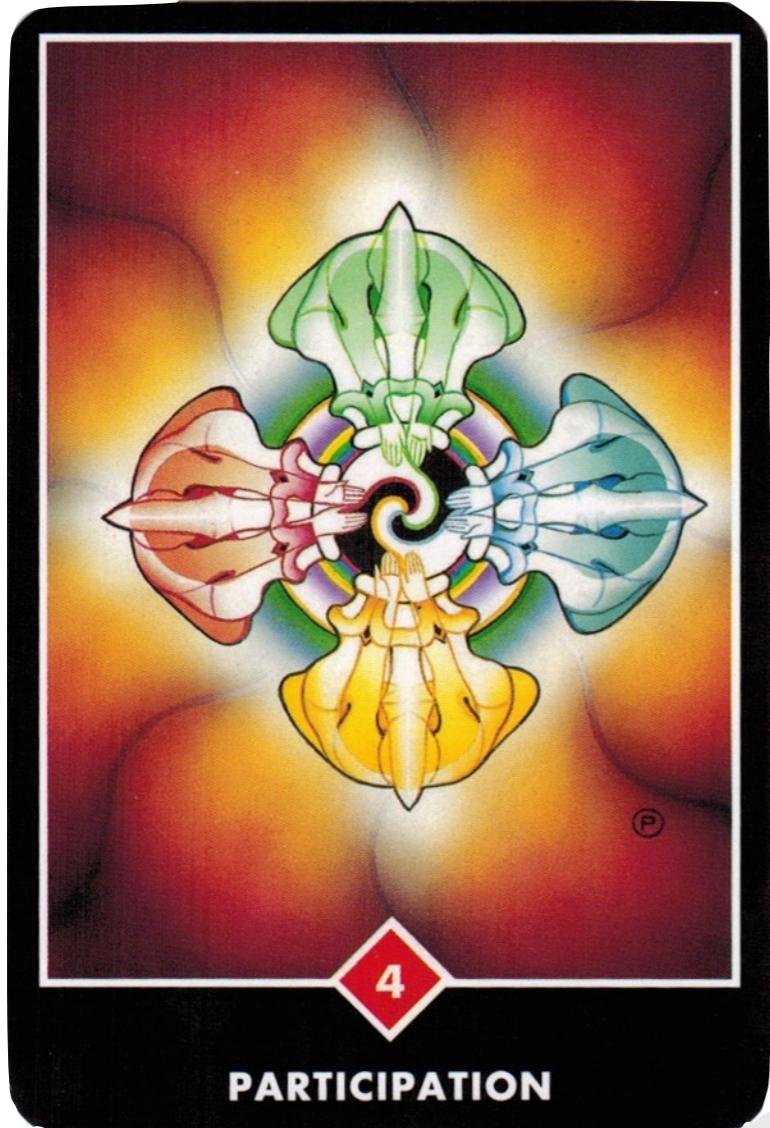
External influence of which you are aware.



1. Where is the middle way in relationship?
2. How do I stay awake/aware in this time of change?

#4

What is needed for resolution?



The picture on this card depicts a mandala. Each figure holds the right hand up, in an attitude of receiving, and the left hand down, in an attitude of giving. The whole circle creates a tremendous energy field that takes on the shape of the double dorje, the Tibetan symbol for the thunderbolt. The mandala has a quality like that of the energy field that forms around a buddha, where all the individuals taking part in the circle make a unique contribution to create a unified and vital whole. It is like a flower, whose wholeness is even more beautiful than the sum of its parts, at the same time, enhancing the beauty of each individual petal. You have an opportunity to participate with others now to make your contribution to creating something greater and more beautiful than each of you could manage alone. Your participation will not only nourish you, but will also contribute something precious to the whole.

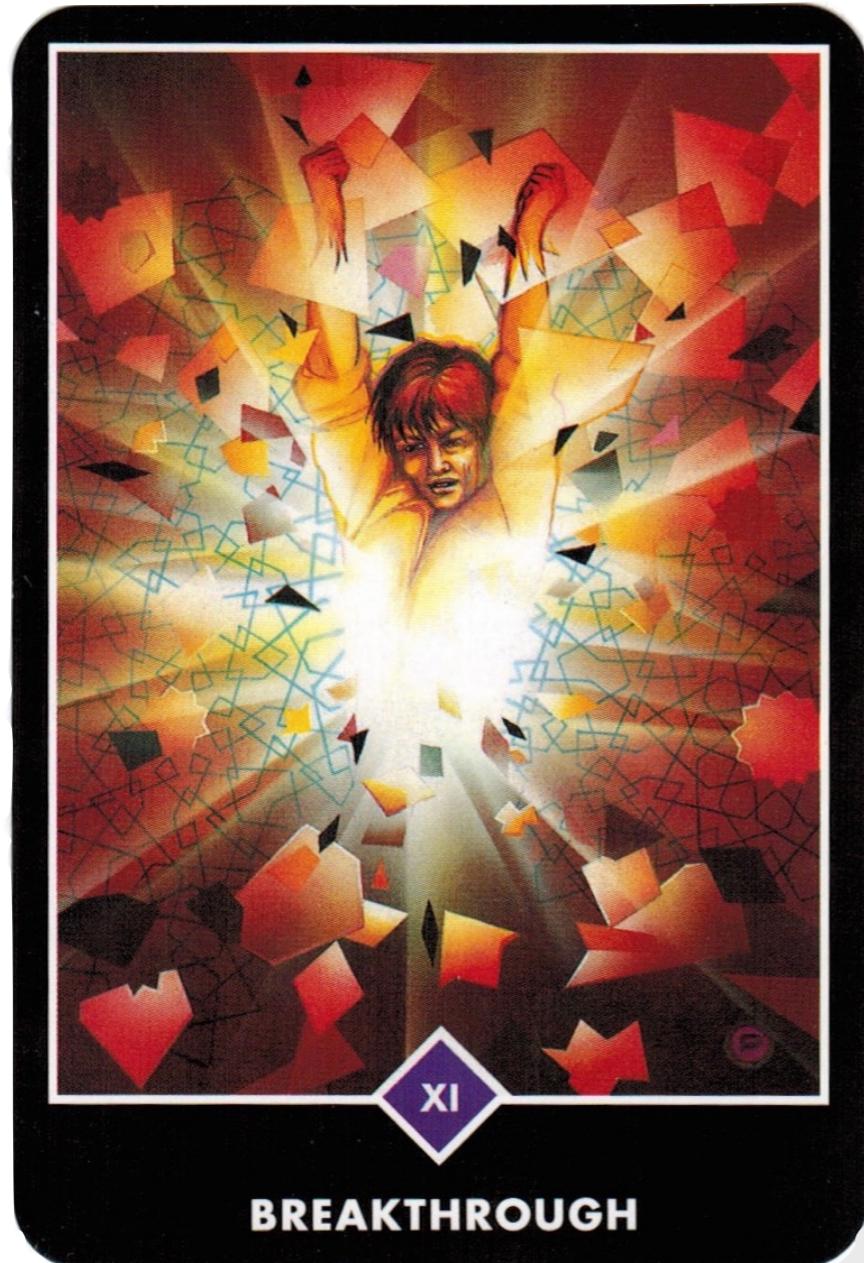
Participation

Have you ever seen night going? Very few people even become aware of things which are happening every day. Have you ever seen the evening coming? The midnight and its song? The sunrise and its beauty? We are behaving almost like blind people. In such a beautiful world we are living in such small ponds of our own misery. It is familiar, so even if somebody wants to pull you out, you struggle. You don't want to be pulled out of your misery, of your suffering. Otherwise there is so much joy around, you have just to be aware of it and become a participant, not a spectator.

Philosophy is speculation, Zen is a participation. Participate in the night leaving, participate in the evening coming, participate in the stars and participate in the clouds; make participation your lifestyle and the whole existence becomes such a joy, such an ecstasy. You could not have dreamed of a better universe.

1. How can I more fully participate in this experience in our relationship?
2. Am I open to giving **and** receiving while recognizing the role I play in this “breakthrough”?
3. Am I evolving to the place where I can participate wholly without judgement? Would I judge the night as it comes...

#5 Resolution: the understanding



The energy of Breakthrough is power and strength. All of us occasionally reach a point when enough is enough. At such times, it seems we must do something, anything, even if it turns out to be a mistake. We feel compelled to throw off the burdens and restrictions that are limiting us. If we don't, they threaten to suffocate and cripple our very life energy itself. If you are now feeling that "enough is enough", allow yourself to take the risk of shattering the old patterns and limitations that have kept your energy from flowing. In doing so, you will be amazed at the vitality and empowerment this Breakthrough can bring to your life.

Breakthrough

To transform breakdowns into breakthroughs is the whole function of a master. The psychotherapist simply patches you up. That is not his function. He is not there to transform you. You need a metapsychology, the psychology of the Buddhas.

It is the greatest adventure in life to go through a breakdown consciously. It is the greatest risk because there is no guarantee that the boundaries will become a breakthrough. These things cannot be guaranteed. Your chaos is very ancient - for many lives, you have been in chaos. It is thick and dense. It is almost a Universe in itself. So when you enter into it with your small capacity, of course there is danger. But without facing this danger, no one has ever become integrated, nobody has ever become an individual, indivisible.

Zen, or meditation, is the method which will help you go through the chaos, through the dark night of the soul balanced, disciplined, alert.

The dawn is not far away, but before you can reach the dawn, the dark night has to be passed through. And as the dawn comes closer, the night will become darker.

1. Is it time to shatter old patterns which no longer serve who I want to become?
2. What kind of relationship do I want?
3. Am I prepared to love without condition and without agenda?

Great job. It's not always easy to open ourselves when we are feeling vulnerable. I hope you have found insights as a result of this reading. If not immediately, sit with the information and let it permeate...

I am available for more in-depth coaching. Perhaps you would benefit from “The mini self awareness coaching package”. It includes a 10 card Zen Tarot reading and gives you the opportunity to have a general reading or look at a specific issue in a more in-depth way. It also includes a comprehensive astrological reading and a 60 to 90 minute coaching session. This level of self-awareness and self-knowledge will give you the best chance for targeted immediate change!

*Much Love and Light,
Paula*